



September 2018 Menu

- SPECIAL diets such as (gluten free/non-lactose/organic/vegan/ **MEAL SUBSTITUTIONS provided by parent.** Only exception is *VEGETARIAN (a non-meat option) will be provided
- Meal times:** AM snack 8:30am, Lunch 11:30am, PM snack at 3:00pm

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Labor Day Holiday CLOSED	Cereal Variety & Milk	Buttermilk Biscuits & Milk	Yogurt & Bananas	Wheat bread w/jelly & Milk
	Homemade Mac & Cheese Garden Salad w/ranch Pineapple Tidbits & Milk Graham Crackers	Spiral pasta w/meatballs & sauce Sweet Peas & Carrots Fresh Melon & Milk Fig Newton Bar	Chicken Taquitos Green Beans & Corn Mandarin Oranges & Milk Goldfish Crackers	Chicken Nuggets & Mashed Potatoes Broccoli Florets Applesauce & Milk Oatmeal Cookies
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Cereal Variety & Milk Italian Meatballs & mashed potatoes Seasoned Green Beans Pineapple Tidbits & Milk Mini Pretzels	French Toast & Milk Fettuccini Alfredo Sweet Peas Banana Chunks & Milk Animal Crackers	Bread w/apple butter & Milk Tater Tot Casserole Cesar Salad Fruit Cocktail Oranges & Milk Chex-Mix (no nuts)	Pancakes w/syrup & Milk Chicken & Veggie Rice Buttered Carrots Applesauce & Milk Ritz & Cheese sticks	Oatmeal & 100% Orange Juice Pepperoni/Cheese Pizza Mixed Vegetables Fresh Melon & Milk Nutri-grain Bar
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
Cereal Variety & Milk Chicken Taquitos Mexican Refried Beans Mandarin Oranges & Milk Goldfish Crackers	Belvita Bars & Milk Chicken Veggie Rice Asian Salad Applesauce & Milk Cornbread	Yogurt & Bananas Crispy Fish Sticks w/mashed potatoes Mixed Veggies Peach Slices & Milk Crackers & Cheese	Waffles & milk Spaghetti w/marinara Broccoli Florets Pineapple Tidbits & Milk Fig Newton Bars	French Toast Sticks Beanie Winnies w/ tortilla strips Fruit Cocktail & Milk Veggie Straws
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Cereal variety & Milk Crispy Fish Sticks w/mashed potatoes Fresh Garden Salad Banana chunks Milk Cheese Crackers Sandwich	Wheat Bread w/grape jelly & Milk Macaroni & Cheese Sliced Carrots Fresh Melon & Milk Oatmeal Cookies	Crackers w/cream cheese & Milk Chicken Salad Bread & butter Applesauce & Milk Fig Newton Bar	Graham Crackers & Milk Turkey cheese sand. Peas & Carrots Fruit Cocktail & Milk Chex Mix (no nuts)	Oatmeal & Orange Juice Chicken Fried Rice Seasoned Beans Mandarin Oranges & Milk Mini Pretzels