



June 2019 Menu



Special diets such as gluten free/non-lactose/vegan, the MEAL SUBSTITUTIONS must be provided by parent. Only exception is **VEGETARIAN OPTION**.

AM snack: 8:30am

Lunch: 11:30am

PM snack: 3:00pm

	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Week 1	Cereal Variety & Milk Spaghetti w/sauce Mixed Veggies Peaches & Milk Chex-Mix	Blueberry Pancakes & Milk Chicken Nuggets (Vegan nuggets) Seasoned Carrots Pineapple Tidbits & Milk Veggie Straws	Fruit Yogurt Chicken Alfredo (Cheese Alfredo) Fresh Salad w/ranch Bananas & Milk Cheese cracker Sand.	Belvita Bar & Milk Pizza Rolls (Cheese Pizza) Green Beans Fresh Melon & Milk Graham Crackers	Fig Newtons & milk Sun Butter & Jelly Sandwich Buttered Corn Apple sauce & Milk Goldfish Crackers
Week 2	Monday 10 Cereal Variety & Milk Baked Beans & Wieners (Vegetarian hotdogs) Tortilla Triangles Fruit Cocktail & Milk Wheat Braided Twists	Tuesday 11 French Toast & Milk Chicken Fried Rice (Veggie Fried Rice) Garden Salad/ranch Bananas & Milk Cheese sticks & crackers	Wednesday 12 Grahams Crackers & Milk Meatballs w/BBQ dip (Meatless Meatballs) Tater Tots w/ketchup Sweet Peas Apple slices & Milk Oatmeal Cookies	Thursday 13 Ritz & cr. cheese & Milk Crispy Fish Sticks (Baked Cheese Sticks) Mixed Veggies Peaches & Milk Animal Crackers	Friday 14 Fruit Toaster Strudels & Milk Turkey (Cheese) Sand. Green Beans Pineapple Chunks & Milk Chex-Mix
Week 3	Monday 17 Cereal Variety & Milk Southwestern Pasta Salad French Bread w/butter Mandarin oranges & Milk Veggie Straws	Tuesday 18 Waffles w/syrup & Milk Beef Taquitos (Cheese Roll-ups) Sweet Potatoes Tots Peaches & Milk Vanilla Wafers	Wednesday 19 Fruit Yogurt Mac & Cheese Peas/Carrots Mix Bananas & Milk Pita & hummus dip	Thursday 20 Nutri Grain Bars & Milk Chicken Nuggets w/ketchup (Vegan nuggets) Mashed Potatoes Fresh Melon & Milk Pretzels Sticks	Friday 21 French Toast & Milk Grilled Cheese Sandwich Mixed Veggies Applesauce & Milk Cinnamon Grahams
Week 4	Monday 24 Cereal Variety & Milk Cheese & Bean Quesadilla Seasoned Corn Pineapple Chunks & Milk Ritz crackers & cr. cheese	Tuesday 25 Chocolate chip waffles & Milk Crispy Fish Sticks (Baked Cheese Sticks) Veggie Mix Applesauce & Milk Animal Crackers	Wednesday 26 Fig Newton Bar & Milk Chicken Alfredo (Cheese Alfredo) Green Beans Bananas & Milk Goldfish Crackers	Thursday 27 French Toast & Milk Chicken Fried Rice (Veggie Fried Rice) Broccoli Florets Fruit Mix & Milk Apples w/sun butter	Friday 28 Belvita Bar & Milk Ham/ (Cheese) Sand. Garden Salad Fresh Melon & Milk Oatmeal Cookies
Week 5					

