

# Hatch House School

## January 2018

- **SPECIAL diets such as (gluten free/non-lactose/organic/vegan/ MEAL SUBSTITUTIONS provided by parent.** Only exception is \*VEGETARIAN (a non-meat option) will be provided
- **Meal times:** AM snack 8:30am, Lunch 11:30am, PM snack at 3:00pm

<b>Week 1 - Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Cereal Variety & Milk  Cheese/Pepperoni Pizza Fresh Salad w/ranch Applesauce & Milk  Mini Pretzels	Fig Newtons & Milk  Meatballs w/gravy Mashed Potatoes Mandarin Oranges & Milk  Goldfish Crackers	French Toast & Milk  Macaroni & Cheese Seasoned Green Beans Sliced Peaches & Milk  Animal Crackers	Grahams & Choc. Milk  Chicken Noodles Stir-Fry Peas & Carrots Fresh Apple Slices & Milk  Crackers w/humus dip	Ritz & Cheese & Milk  Turkey Sand. (wheat) Mixed Veggies Fruit cocktail & milk  Cornbread Muffins
<b>Week 2 - Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Cereal Variety & Milk  Chick. Nuggets w/ Mashed Potatoes Seasoned Green Beans Bananas & Milk  Trail Mix (no nuts)	Wheat Bread w/jelly & Milk  Penne Marinara with Meatballs Fresh Garden Salad Peaches & Milk  Cheese Cracker Sand.	Waffles w/syrup & Milk  Beans & Wieners Chili Wheat Rolls Fruit Cocktail & Milk  Oatmeal Cookies	Fruit Yogurt Parfait  Chicken Fried Rice Corn Nibbles Applesauce & Milk  Goldfish Crackers	Homemade Oatmeal & 100% Orange Juice  Cheese Quesadilla Refried Beans Fresh Cantaloupe & Milk  Pretzels
<b>Week 3 - Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Cereal variety & Milk  Crispy Fish sticks Cesar Salad Mandarin Oranges & Milk  Mini Pretzels	Fig Newtons & Milk  Spaghetti w/meat sauce Seasoned Green Beans Pears & Milk  Goldfish Crackers	French Toast & Milk  Meatballs w/gravy Mashed Potatoes Pineapple Tidbits & Milk  Animal Crackers	Ritz & Cream Cheese & Milk  Chicken Noodles Stir-Fry Sautéed Spinach Tropical Fruit Salad & Milk  Milk Pudding w/bananas	Grahams & Choc. Milk  Grilled Cheese Sand. (wheat) Buttery Corn Peaches & Milk  Cheeze-its
<b>Week 4 - Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Cereal variety & Milk  Mini Corndogs Fresh Salad w/ranch Cantaloupe Chunks & Milk  Trail Mix (no nuts)	Wheat Bread w/jelly & Milk  Rigatoni w/meat sauce Peas & Carrots Mix Tropical Fruit & Milk  Cheese Cracker Sand.	Waffles & Milk  Cheese Quesadilla Refried Beans Mandarin Oranges & Milk  Oatmeal Cookies	Banana Yogurt Parfait  Bar-b-que Chicken Strips Sweet Potatoes Cinnamon Applesauce & Milk  Crackers w/humus dip	Homemade Oatmeal & 100% Orange Juice  Ham & Cheese Wrap Baby Carrots Mixed Veggies & Milk  Animal Crackers
<b>Week 5 - Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Cereal Variety & Milk  Chick. Nuggets w/ & taters tots Fresh Salad w/ranch Pineapple Tidbits & Milk  Mini Pretzels	Fig Newtons & Milk  Macaroni & Cheese Sautéed Spinach Mandarin Oranges & Milk  Goldfish Crackers	French Toast & Milk  Bean & Cheese Taco Veggie Medley Applesauce & Milk  Animal Crackers	Grahams & Choc. Milk  Hamburger Rice Green Peas Tropical Fruit Mix & Milk  Cheese Cracker Sand.	Ritz & Cream Cheese & Milk  Turkey Sand. (wheat) Corn Nibbles Fresh Melon Chunks & Milk  Oatmeal Cookies